

PLANTATION SPA ISN'T JUST A PLACE, IT'S A PHILOSOPHY.

Relax and rejuvenate your mind, body and soul in Plantation Spa's tranquil surroundings. We offer an authentic Cambodian encounter, combining the therapeutic properties of local ingredients with the healing practices of South East Asia.

PLANTATION *spa*

Oil Massages

FOOT MASSAGE

Massage with applied pressure to reflex points to restore the body to a healthy balance.

60 mins / \$20

FULL LEGS RELAXATION

An energizing, foot and leg treatment, with your choice of oil. Ideal for improving circulation and de-stressing after travelling.

60 mins / \$23

AROMATHERAPY

Detoxifying and rejuvenating, this full body treatment for better sleep, strengthening of muscles and joints, reducing signs of cellulite or jet lag relief.

60 mins / \$28 | 90 mins / \$36

DEEP TISSUE

A deep oil-based massage to ease muscle tension, awaken your senses and improve blood flow, with your choice of oil.

60 mins / \$28

Dry Massages

HEAD, SHOULDERS & BACK

A variety of massage techniques are blended to work directly for the head, neck, back and shoulders.

60 mins / \$20

BACK & LEGS

Traditional Khmer style massage without oil, with gentle stretching movements to release tension in your back and legs.

60 mins / \$20

PLANTATION KHMER SIGNATURE

Traditional Khmer massage without oil. Unwind with gentle stretching movements, working to bring harmony to your body. Improves flexibility and stimulates blood flow.

60 mins / \$20 | 90 mins / \$28



Body Scrubs

GREEN TEA SCRUB

Kampot sea salt, combined with green tea for skin stimulation and rejuvenation. Ideal for mature or sensitive skin.

60 mins / \$27

RICE & ROSE SCRUB

Purify, hydrate and nourish the skin with this gentle jasmine rice and rose scrub treatment. A sumptuous feast for the body.

60 mins / \$27

LEMONGRASS FOOT SCRUB

Lemongrass combined with rejuvenating Kampot sea salt for the ultimate foot rejuvenation. Perfect for softening your well travelled feet.

30 mins / \$17

Kampot SEA SALT

Unlike in other parts of the world, the production of Kampot sea salt is an entirely natural process, enhancing its healing, anti-inflammatory & detoxifying qualities.

Facial

MORINGA & HONEY INFUSED ORGANIC FACIAL

detoxifying | anti-aging | elasticity boost

Combining the purifying and nourishing properties of Moringa and the moisturizing power of Honey for a rejuvenating SPA experience. Rich in anti-oxidants and nutrients to ensure a deep cleanse and restore vitality of the skin.

50 mins / \$40



Fingers & *Toes*

MANICURE

Gentle hand exfoliation, followed by a nail buff and shape and finished with OPI polish application.

45 mins / \$15

PEDICURE

Gentle foot exfoliation, followed by a nail buff and shape and finished with OPI polish application.

45 mins / \$15

DELUXE HAND & FOOT PACKAGE

A 30 minute foot and hand scrub, followed by exfoliation, cuticle work and polish for hands and feet.

120 mins / \$35

** Gel removal additional \$7



spa Packages

OASIS INDULGENCE

Your choice of body scrub, followed by a 60 minute Massage; Signature Khmer Massage, Aromatherapy or Deep Tissue. Finish with your choice of manicure or pedicure.

120 mins / \$42

*** Please note, Plantation Spa packages must be booked a minimum of 2 hours in advance.*

IMPERIAL PACKAGE

This treatment package aims to purify your body and awaken your senses. Beginning with a moringa and honey organic facial it is followed by a body scrub and concluded with manicure and pedicure for a sensual full body retreat.

120 mins / \$70

PLANTATION ROMANCE

The perfect couples treat. Enjoy a signature oil massage and 30 minute rice and rose scrub. Indulge in a bottle of wine, chocolate truffles from La Pergola restaurant in the private sanctuary of our jacuzzi, steam and sauna room.

150 mins / \$97 per couple

How to *spa*

*Plantation
is strongly
committed to
responsible
tourism.*

OPENING HOURS

Daily 9:00 am - 10:00 pm.
Last bookings 9.00pm.

RESERVATIONS

For enquiries or reservations, please dial extension number 4040. Advance bookings are highly recommended to secure your preferred treatment time.

YOUR STAY

As an oasis of peace and harmony, please be aware of the volume of your voice so as not to disturb other guests, and avoid mobile phones.

AFTER CARE

We recommend that you do not sunbathe after any massage or body scrub treatment for at least six hours.

PAYMENT

All prices are exclusive of 5 percent service charge. For Plantation - urban resort & spa guests, all treatments will be charged to your room. Cash or Major credit card payments are accepted at the spa reception for outside guests.

LATE ARRIVALS

Out of respect for other guests' reservations, be aware that we may be unable to extend your treatment time in case of late arrivals.

CANCELLATIONS

Please allow 12 hours' notice on individual treatments; otherwise, 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.